

Hello Family and Friends

We have plenty of activity resources and we are happy to share them with you!

If you fancy playing any of the games with your family inside the room, please ask any member of the staff and they will be happy to provide it for you :)

SCRABBLE GAME
PLAYING CARDS
JIGSAW PUZZLE
DOMINO
SPARKLE MAGAZINE
COLOURING BOOKS
REMINISCING BOOKS





DECEMBER NEWSLETTER

DECEMBER 2023



WEEKLY ACTIVITIES
MUSIC THERAPY
EVERY TUESDAY

FITNESS DAY
EVERY FRIDAY

BOARD GAMES
EVERY SATURDAY



DUE TO POPULAR DEMAND
We are happy to share that our
Tea/ Coffee Station is now open
and available to all



Please help yourselves to our refreshment area
located at the dining room .

Should you require any assistance, please don't
hesitate to ask any of our friendly staff :)



COFFEE MORNING

**Come and
Join Us!**

**Every Wednesday
11am at Park lodge
Main Lounge**



Meet Tiny & Millie!



**Introducing Tiny
& Millie, Our
Adorable Canine
Companions!**



Want to meet them in person? Leave a note on their cardboard cutouts, and they'll come say hello!



www.villacaregroup.com



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info@villacaregroup.com





VISITORS FIRE PROCEDURES

IF YOU DISCOVER A FIRE YOU SHOULD:

- OPERATE THE NEAREST FIRE ALARM CALL POINT (if the alarm is not sounding)
- REPORT THE LOCATION OF THE FIRE and any other relevant information to a member of staff

IF THE FIRE ALARM SOUNDS YOU SHOULD:

- STAY CALM
- The home staff will instruct you and escort you to an appropriate assembly point away from immediate danger
- The staff will carry out Horizontal Evacuation of all residents and visitors
- The Senior Person on each floor/unit will carry out a Roll Call (ensure that they are aware you are present)

IF TOTAL EVACUATION TO THE OUTSIDE ASSEMBLY POINT IS NECESSARY YOU SHOULD:

- Leave the building quietly, using the nearest exit
- DO NOT USE THE LIFTS
- Report immediately to the roll caller
- Do not re-enter the building until told to do so by the Fire Officer

YOUR OUTSIDE ASSEMBLY POINT IF REQUIRED IS THE MAIN CAR PARK



In the interest of the health and comfort of all residents, guests and staff, Park Lodge and the grounds are smoke free environment.

Thank you for not smoking.



USEFUL INFORMATION

*Newspapers can be ordered
from reception*

*Letters for posting can be left in
the post box in reception*

*Application for postal votes can
be obtained from reception*

Services Available



Hairdresser comes in
every Thursday



Chiropodist is available
on request

For details, please see administration.

Karens New Price list

As from the 1st March 2025 there will be a price increase

Men's /Childrens cut	£10.00
Ladies wash/set/blow wave	£14.00
Ladies cut - wet or dry	£14.00
Ladies wash/cut/blow wave	£25.00
Ladies colour and finish (short hair only)	£35.00
Ladies perm including cut and finish from	£40.00

All prices include Shampoo, conditioner, lotions, mousse and hairspray

Many thanks for your continued custom

Karen



**GP VISITS THE RESIDENTS AT
PARK LODGE NURSING HOME
EVERY TUESDAY.**



**PHYSIOTHERAPY AVAILABLE
ON REQUEST.**

Gift Food Advice

The standard of food safety and the quality of food served to our Service Users is of the utmost importance.



When bringing gift food into the care home, we request that relatives:



Bring washed fruit, biscuits and chocolate



Do not bring hot food or any food that is to be reheated



Do not use raw egg in any dishes not cooked thoroughly, or as an ingredient in icing



Foods with a use-by date, cakes and desserts containing cream must have been kept in the fridge and transported in a cool bag



Bring all food in a clean, lidded container and labelled with the date and name of the recipient (not to be shared with others)



Any high-risk products will be eaten within 24 hours or discarded

Many thanks for your help in ensuring that safe food is served to our Service Users.

Meal Times

We serve meals at your convenience. We start the day with our breakfast and followed by 11 AM coffee/tea with biscuits. We are also on the dot for our midday lunch and afternoon tea at 3PM with bun/slice of cake. Our evening meal is at 5PM and supper follows at your convenient time in the evening. Our house snacks and drinks are always readily available. Meals also served in room or dining area. Special clients catered for.

Laundry and Housekeeping

Our only request is to make sure clothes are marked with the service user's name. Laundry is washed at high temperatures so be careful with the choice of your fabric. We provide full service.

Keeping well

Our nurses, care staff, GP's and pharmacist are working hand in hand to achieve your goals. We have a visiting chiropodist and hairdressers every Thursday, but charges apply. Dental services funding was withdrawn by NHS England and the local CCG (ICB) has not been able to find an alternative yet. NHS podiatry is limited but assistance with referrals can be facilitated.

We are happy to facilitate visits to dental appointment if able, but home visits must be arranged and paid for privately.

The Primary Care Network provides limited access to physiotherapy and is accessed via GP. Specialised seating is available to CHC funded residents or to be funded privately.

Wheelchair provisions by NHS to Nursing Home residents is severely restricted also. We have standard transportation wheelchairs available but bespoke wheelchairs will need to be arranged privately.

Assistance to attend outpatient / access virtual medical appointments is also available.

GP ward round Tuesday. GP practice is Oakwood Lane Medical Practice - 2 Amberton Terrace, Leeds, West Yorkshire, LS8 3BZ | Tel: 0113 2214700.

Something to Share?

We believe in working in partnership. If you have any concerns at all, please raise them at the earliest opportunity with the nurse in charge, if you feel your concerns have not been addressed, please feel free to contact our home care manager or write us an email at park.lodge@villacaregroup.com.

If still in doubt that concern has been met, we will be happy to provide you with the details of other agencies to contact like CQC and Social Services. The full complaint procedure is displayed in reception. A copy is available on request and is contained in the useful info folder in your room.

Don't forget compliments! Comment cards are available in reception. If you need support, Advonet Community Advocacy team provides a free, independent, and confidential services to help you stand up for what you want in life, especially at times of major change. The services include access to legal services, housing issues, advice on nursing and residential homes, and elder abuse and safeguarding.

You can freely contact Advonet Team at Bradbury Bldg., Mark Lane, Leeds, LS2 8JA or ring at 0113 244 0606.

Keeping in Touch

Postal voting applications are available at reception as is a post box. We also have newspapers available to be ordered by admin.

In the event of any infectious disease in the home, visitors may be restricted for a period of time if advised by infection control. Videocalls can be facilitated.